

IKC International Kinesiology Conference October 2nd-5th, Assisi, Italy

Conference schedule and list of speakers up to March 26th 2025

OCTOBER 2nd

9.00 - 2.00 p.m. Registration

9.00 - 1.00 p.m. Introduction to kinesiology. Learning the basics of muscle testing. Free class for those who have registered for the entire conference.

9.30 - 1.00 p.m. Guided visit with a Saint Francis monastic of Assisi. Basilica and promenade in Assisi (reservation required – radio guide required 3,00 euros).

2.30 - 3.30 pm Opening Ceremony with the International Kinesiology College

3.30 - 4.30 pm **Volmer T. Rald, Brasil**

Energetic Joint Liberation - LAE

Energetic Joint Liberation (LAE) is a simple technique that activates the body's self-healing power. Through neuroenergetic testing, the primary cause is identified, corrected by local vibration and stimulation of neurovascular points, showing rapid results in practice.

4.30 - 5.30 pm **Sylvia Marina, Australia**

Soul-u-tions - The delicate art of passion, love, and illumination

Have you noticed, life choices are either throbbing with entrapments, misunderstandings, fear and shame, belonging or rejection, or pulsating with enlightening energies of passion, love and understanding. The gift to the inner-self is to illuminate any possible story of lack or shame. Self question, in life right now, is this where I want to be?

5.30 - 6.00 pm Break

6.00 - 7.30 pm **Rosmarie Sonderegger-Hofmann, Switzerland**

In peace with time - To-morrow we are all one day older

In our times people are getting the longer the older. There are many “old souls” that are coming to workshops or private sessions. There is a biological and a biographic age. In this talk we will explore what it means in respect of the Chinese 5 Elements and learn about behavioral patterns that are leading to happy emotions and motions. Getting ready with an inspiring goal and lively balance!

OCTOBER 3rd

9.00 - 9.45 am **Tina Sabotic, Slovenia**

Optimum Health Balance – OHB Mini and 14 muscles balance

OHB is a simple kinesiology method developed by Charles Banham which uses vibrational icons to identify and reset hidden stressors, restoring balance in the body and promoting well-being. OHB works in order of decreasing energetic frequencies, starting from the highest level and moving towards the structural body. This technique addresses physical, emotional, mental, and energetic imbalances. A simple yet powerful tool for self-healing and vitality.

9.45 - 10.30 am **Frederik Magre, France & Emielieke Geubbels, Holland**

A taste of Chinese Medicine - Application of Yin Yang for kineSOULogists

Everyone in Kinesiology will learn about Yin Yang. Rather than just theorize, we'll bring the concept of Yin Yang to life. Where participants can even taste Yin Yang. We strive to bring deeper embodied understanding of the basic concepts of Chinese Medicine that are used in Kinesiology, enriching the experience in the practise.

10.30 - 11.00 am Break

11.00 - 12.00 am **Xavier Meignen & Floor Bosch, France**

Play and learn Touch for Health while having fun – How games make Touch for Health easier

How games make learning Touch for Health easier. Learning Touch for Health can be fun and easy by using games and the different learning styles. The last few years we have spent a lot of time with the French instructors to develop games everybody can use during Touch for Health courses. All games are easy to incorporate in your lessons and can smoothen teaching. Students tell us learning becomes fun and easy. We would love to share these games with you!

12.00 - 1.00 pm **Eugenio Scлаuzero, Italy**

Kinesoulology - Listening to which brain?

Listening to the person can be implemented on various levels that can correspond to our 7 brains developed over time where as Ernst Haeckel said "ontogenesis recapitulates phylogenesis" and the development and history of a single biological organism (ontogenesis), has parallels and summarizes the evolutionary development of its own species (phylogenesis) bringing with it conflicts and adaptations created over time to better implement the most effective response to the Allostatic Load that life imposes on us.

1.00- 2.30 pm Lunch break

2.30 - 3.30 pm **Regina Biere, Germany**

Achieve your goal with an optimal set up -Balance the Inner Team and give priority to the most suitable personality aspects

This balance helps to illuminate the different personality aspects, the so-called inner team. Not every task

requires the same personality aspects in the leading position. In this balance, the inner team is set up in a way that is optimal for achieving the goal. This is a simple self-help method that contributes to a deeper understanding of oneself.

3.30 - 4.30 pm Hugo Tobar, Australia

The Muscle Chakra Organ Relationship

Modern day Energy Kinesiology is based on The Muscle Meridian Organ Relationship discovered by George Goodheart. Here I present a parallel system of Kinesiology 'The Muscle Chakra Organ Relationship'; where the Chakras interact with the muscles via the nerves. Here I will also show how the Chapman and Bennett Trunk reflexes are important for the correction of this method.

4.30 - 5.00 pm Break

5.00 - 6.00 pm Francesca Simeon Roig & Pablo Lopez, Spain

Integrative psychoenergetics - Balance the flow of energy in the enteric nervous system

We intertwine science, energetics, shamanism, Sufism, visualization to enter altered states of consciousness and provoke significant changes in our lives. We will learn the self-sequence to improve our state and we will delve into the language of the abdominal brain – enteric nervous system.

6.00 - 7.30 pm Matthew Thie, U.S.A.

The Golden Anniversary of Touch for Health and the Golden Book - Simple Tools, Powerful Impact for KineSOULogy

2023 marked 50 years of the first “Golden Book” of Touch for Health. In April 2025 we celebrated the 50th Consecutive TFH Conference San Diego, California. Let’s rejoice in the Golden Principles to relieve stress & pain, and empower the light of our Souls.

7.30 - 9.00 pm Dinner time

9.00 pm Talent show

OCTOBER 4th

9.00 – 9.45 am Daniela Deiosso, England

The Autonomic Response testing (A.R.T.)

A.R.T. is a comprehensive, highly accurate diagnostic method that assesses the coherence of light emissions of organs and structures in the body. It focuses on identifying and addressing the 7 most common factors that block or stress the healthy functioning of the nervous system and offers solutions for their correction.

9.45 - 10.30 am Lucia Piva, Italy

Self-responsibility models - Reorganize your energy to choose, follow and support your well-being.

Defuse stress through two sequences of indicators to choose or test as appropriate. The indicators in the form of sentences probe different aspects and levels that concern interest, participation, the drive to take care of oneself by following one's inner self.

10.30 - 11.00 am Break

11.00 – 12.00 am Thierry Waymel, France

KINESIOLOGY an approach systemic-Reflection of the biomechanical, kinetic and emotional components of the laws of TFH (Touch for Health) - (Dynamic Postural Imprinting)

How can we read stress on the body ? Does the body express a law of Touch For Health ? Are there any biomechanical links related to the law of Touch For Health ? What emotional behavior do these laws translate into ?

12.00 -1.00 pm Laura Berardengo, Italy

Kinesiologia "del" e "nel" Cuore - Coerenza del toroide cardiaco, comunicazione cardioelettromagnetica e test muscolare kinesiologico.

The heart rate has a rhythmic pattern that is transmitted to the electromagnetic field that surrounds the human body. This toroidal field conveys psycho-physiological information about the person, propagating it into the environment. Our central nervous system is the antenna that tunes in and responds to the electromagnetic fields of other individuals. Can muscle testing be considered the final translator of this informational communication mechanism?

1.00 – 2.30 pm Lunch break

2.30 - 3.30 pm Alexis Costello, Costa Rica

Anima / Animus development – the Yin and Yang of personality, soul, and shadow - Understand yourself and others better by balancing duality.

Jung's theory of anima and animus draws from his theory of individuation. This is important to understanding how we relate to the world. As individuals are made aware of their anima or animus (which we will work with through yin and yang, Conception and Governing Vessels) it allows them to overcome thoughts of who they ought to be and accept themselves for who they really are. We will use muscle testing to identify and correct imbalances and shadow aspects of these parts of the self.

3.30 – 4.30 pm Annet Maria Augustijn, Holland

High Sensitivity and Kinesiology: Understanding and Supporting HSP Clients

A journey through challenges and resources to improve the well-being of Highly Sensitive People

4.30 - 5.00 pm Break

5.00 - 6.00 pm Daria Kovalchuk, Ukraine

How to cope with the safety trauma and be more connected to your Soul? - Kinesiologic techniques for correction of security trauma and restoring contact with one's body and soul.

What is Trauma? What is Security Trauma and how does it affect the perception of the self and the world? How does Security Trauma affect the ability to be in touch with oneself, one's body and soul? Why does Security Trauma cause us to stop hearing ourselves and alienate us from ourselves? How does the Security Trauma mechanism work? How do early childhood experiences influence the formation of Safety Trauma. How can Kinesiology help to cope with the safety trauma and restore a person's connection with his/her body and soul? Kinesiology is a unique tool that can be used to detect and correct Safety Trauma.

6.00 - 7.30 pm Adam Lehman, USA

Trust – The Root Of All Balance - How Choosing To Trust Is Critical To Personal And Global Advancement.

In this presentation, I will discuss the issue of trust and its effect on the individual and the world as a whole. It is my opinion that trust is as inherent and important as love (and is often considered as being necessary in order to love)... yet is very overlooked as an a critical component and goal for healing. The nature of trust from both a brain and heart perspective will be explored in depth. A balancing procedure will be offered, and a demo if time allows. (PS... trust is definitely a soul related emotional state).

8.15 pm Gala Dinner*

OCTOBER 5th

9.00 – 9.45 am Kirsten Liesner, Germany (to be confirmed)

Swim in the water of your life – Reflexes as inner guide and helper

Reflexes are your inner guide for your first movement programme in life and also your helpers from early pregnancy. They influence, control and secure your first movement patterns in the (fruit-) water and on land and help you to master birth as a bridge into your life. At any time there may be challenges and the reflexes may not fully lived and utilised and how can Touch for Health strengthen and support you and your reflexes in everyday life.

9.45 - 10.30 am Satsuko Schaedel, Japan

The Glymphatic System : helping to detox from your brain & system

The Glymphatic system is a fascinating waste clearance system in the brain. It helps remove metabolic waste and toxins. This system relies on cerebrospinal fluid to flush out waste from the brain. I developed a simple technique to activate Glymphatic system and excrete all sorts of waste / toxins from organs using Touch for Health techniques. This helps children with developmental delay, autism, learning difficulties etc from vaccine effects.

10.30 - 11.00 am Break

11.00 – 12.00 am Maurizio Ugo Rodriguez, Italy

Energy Vampirism - If it exists, what do we kinesiologists do?

Muscle testing has indicated, as an appropriate term for "vampirism", the term "Detachment from one's essential self". So we observe and treat those forms of attractive energy of a manipulative type that distract the person from their vital essence or "soul". There are four consequential steps that, starting from the game or "ludism", are aggravated through the "Word Power", the "Visual Motivational Cards" up to the "Window Points" of the distinct meridians.

12.00 -1.00 pm Koves Szuszanna, Hungary

"You are responsible for your rose!" (Antoine de Saint-Exupéry: The little prince)

Responsibility... what does the Hungarian dictionary say about it? "...responsible, accountable...." The question is: for whom/for what? And to whom? The answer is obvious: for myself/to myself. I would like to explore this question in an ethical-liberal-democratic context. ((Maybe it's a triangle? And how does that relate to kinesiology?))

1.00 – 2.30 pm Lunch break

2.30 – 3.30 pm Maurizio Piva, Italy

Leodynamics – Pure energy from within

Use one's own energy as a sounding board for vital energy to retune the shape, area and specific level of any structure of the body. Simple and powerful at the same time to help human beings to tune their energetic frequency to the correct and specific vibrational level of each part and aspect of our multilevel body-electromagnetism-mind system. Using the fundamental principles of yoga and associating them with the foundations of body electromagnetism and listening to the tissues, this system of listening and reorganization can be applied from the densest to the most subtle structures, including the mental, emotional and spiritual aspects.

3.30- 4.15 pm Masanari Enomoto, Japan

Emotional regulation using herbal teas

I have found herbal tea therapy to be a self-care practice for emotions and various stresses. I will discuss self-care using herbal teas. The most important aspects are metaphors and the five senses.

4.15 - 5.00 pm *Space still available*

5.00 - 5.30 pm Closing Ceremony